



Wisconsin Autism Transition
Demonstration Project

Getting Ready for Health Care as an Adult

Presenter(s)

Tim Markle

- Parent of a Young Adult with Special Health Care Needs
- Children's Resource Center-South
- Training & Transition Coordinator-WAuTD

Hunter Markle

- Self-Advocate
- Music Lover
- D&D player/DM

Wisconsin Autism Transition Demonstration Project (WAuTD)

- 5 –year grant from the Health Resources and Services Administration (HRSA)
- Builds on previous grants to the Waisman Center back to 2009
- 12 Grantees (4 Autism & 7 Epilepsy)
- Demonstration Grant – starting in Janesville

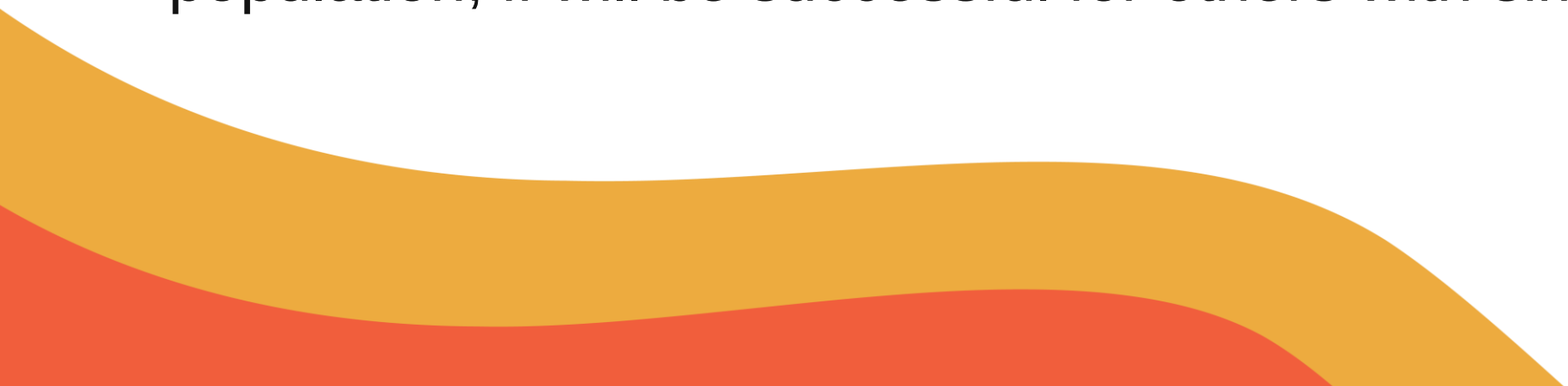
<https://integratedtransition.waisman.wisc.edu/>



Wisconsin Autism Transition Demonstration Project (WAuTD)

WAuTD is learning from and providing resources for families who have autistic youth 13-26 with more challenging health or social needs who need more support than other young people.

Funders report extremely poor outcomes for this population. If we can make a system work and have quality outcomes for this population, it will be successful for others with similar challenges.



Wisconsin Autism Transition Demonstration Project (WAuTD)

- The goal is to improve outcomes including quality of life and well-being for autistic youth and their families/caregivers transitioning from child to adult systems.
 - These systems include but are not limited to post- secondary education, inclusive post-secondary education, employment, community, independent/daily living, and healthcare.
- 

Children's Resource Center - South

Location: Waisman Center, Madison

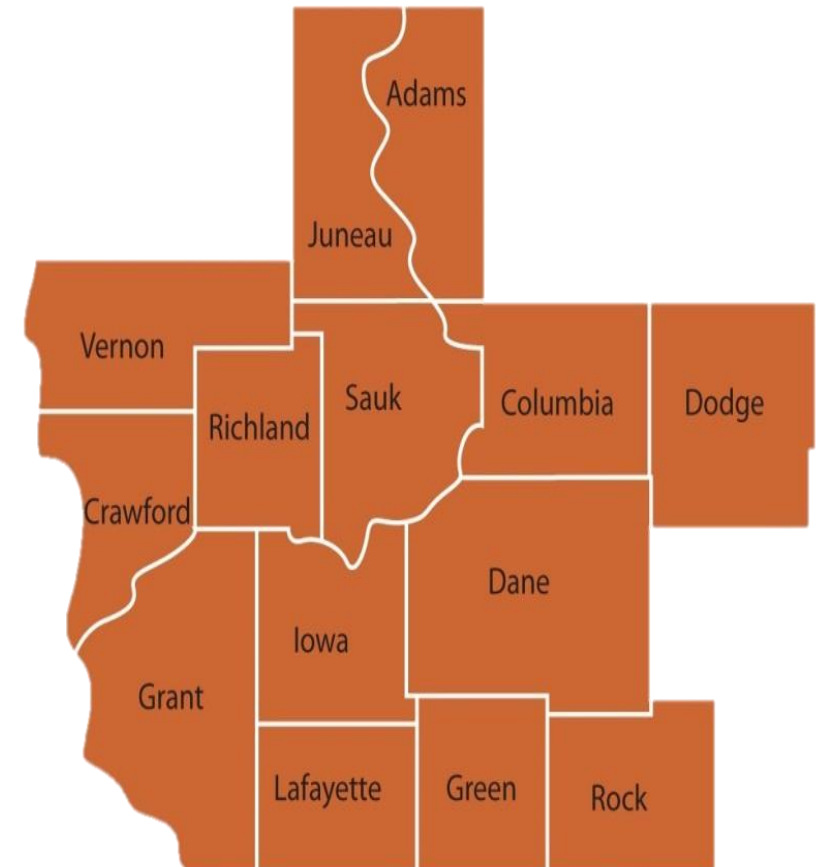
Phone: 608-265-8610

Toll Free: 800-532-3321

Director: Meredith Vitaoli

crcsouth@waisman.wisc.edu

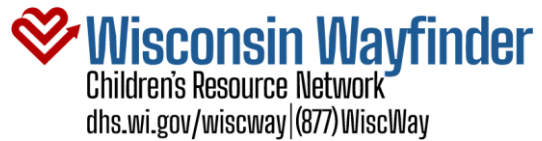
crcsouth.waisman.wisc.edu





Children's Resource Centers

Formerly known as the CYSHCN Regional Centers



West
800-400-3678

South
800-532-3321

North
866-640-4106

Northeast
877-568-5205

Southeast
800-234-5437



Guiding Wisconsin families of children and youth with special health care needs

Wisconsin Autism Transition Demonstration (WAuTD) project

Tim Markle

- Parent of a Young Adult with Special Health Care Needs
- Children's Resource Center-South
- Training & Transition Coordinator-WAuTD

Hunter Markle

- Self-Advocate
- Music Lover
- D&D player/DM

What is Health Care Transition?

Health care transition, or HCT, is the process of:

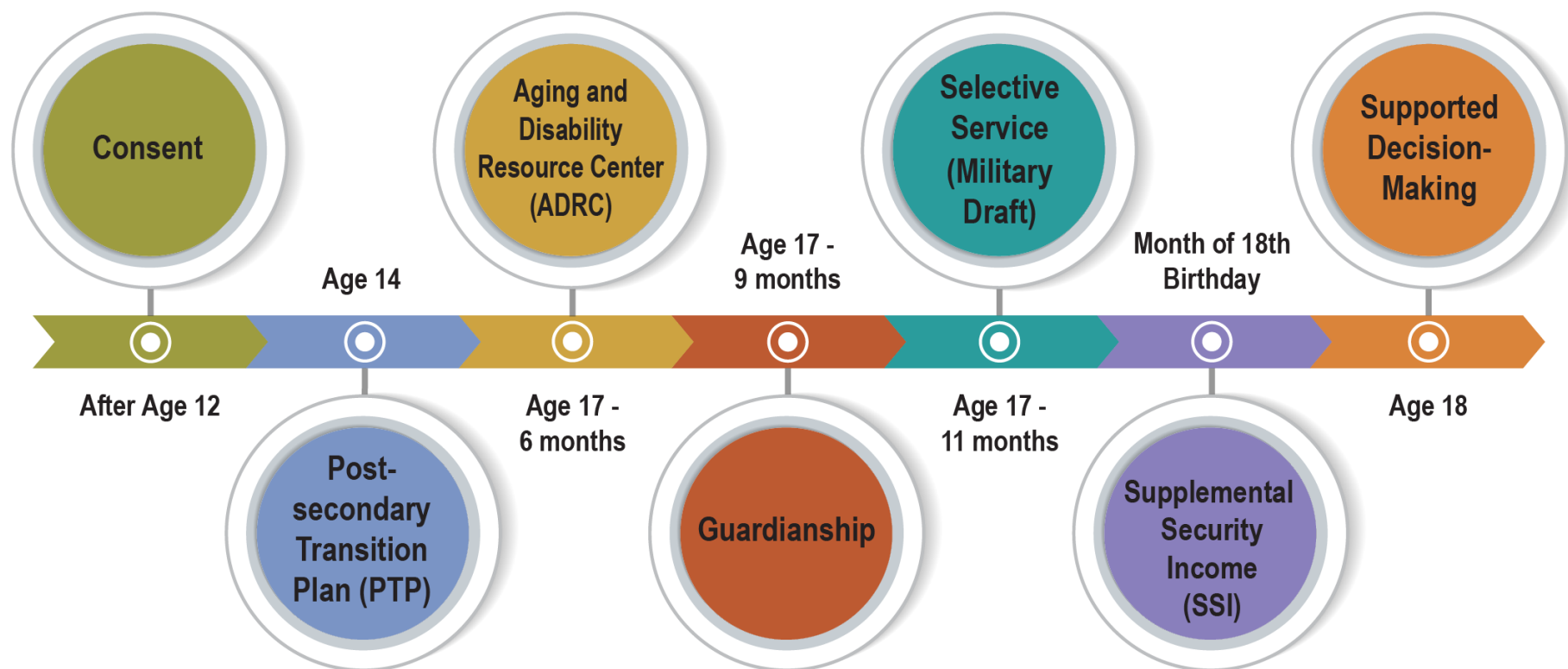
- **getting ready for health care as an adult**
 - changing from a pediatric to an adult model of health care
 - moving from the caregiver as the primary decision maker to the individual being the primary decision maker

3 Parts of HCT

1. Preparing for Transition (can begin at 12 years old or younger)
2. Transfer of Care (usually between 18-22/26 years old)
3. Fully Integrated into Adult Health Care (rest of their lives)

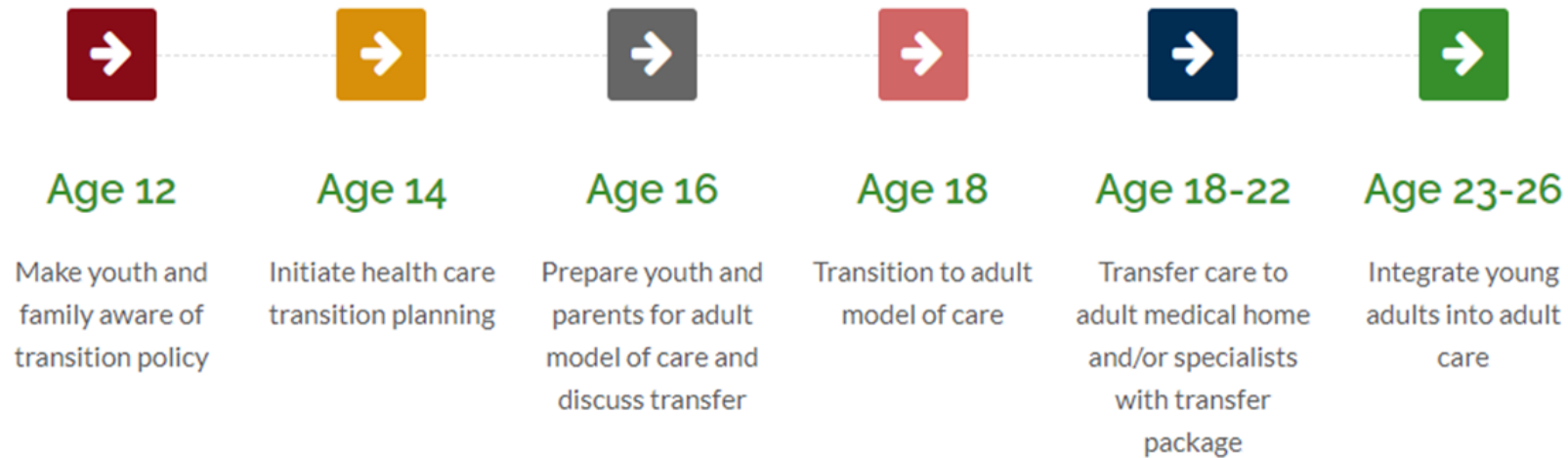
Multi-year, multi-layered process.

Transition in WI: Brief Timeline



Health Care Transition Timeline

RECOMMENDED HEALTH CARE TRANSITION TIMELINE



<https://www.gottransition.org/six-core-elements/>

How youth (12-17) are doing with HCT?

Nationwide	Wisconsin
22.1% CYSHCN	31.2% CYSHCN
16.2% non-CYSHCN	19.6% non-CYSHCN

Received services to prepare for transition

Health Transition Tools

- Adult Providers
- Decisions
- Health Insurance
- Emergency Contacts



Health Transition Tools

- Appointments
- Medications
- Health Summary
- About Me



HCT Readiness Assessment

<https://www.gottransition.org/six-core-elements/transitioning-youth-to-adult/transition-readiness.cfm>

English and Spanish

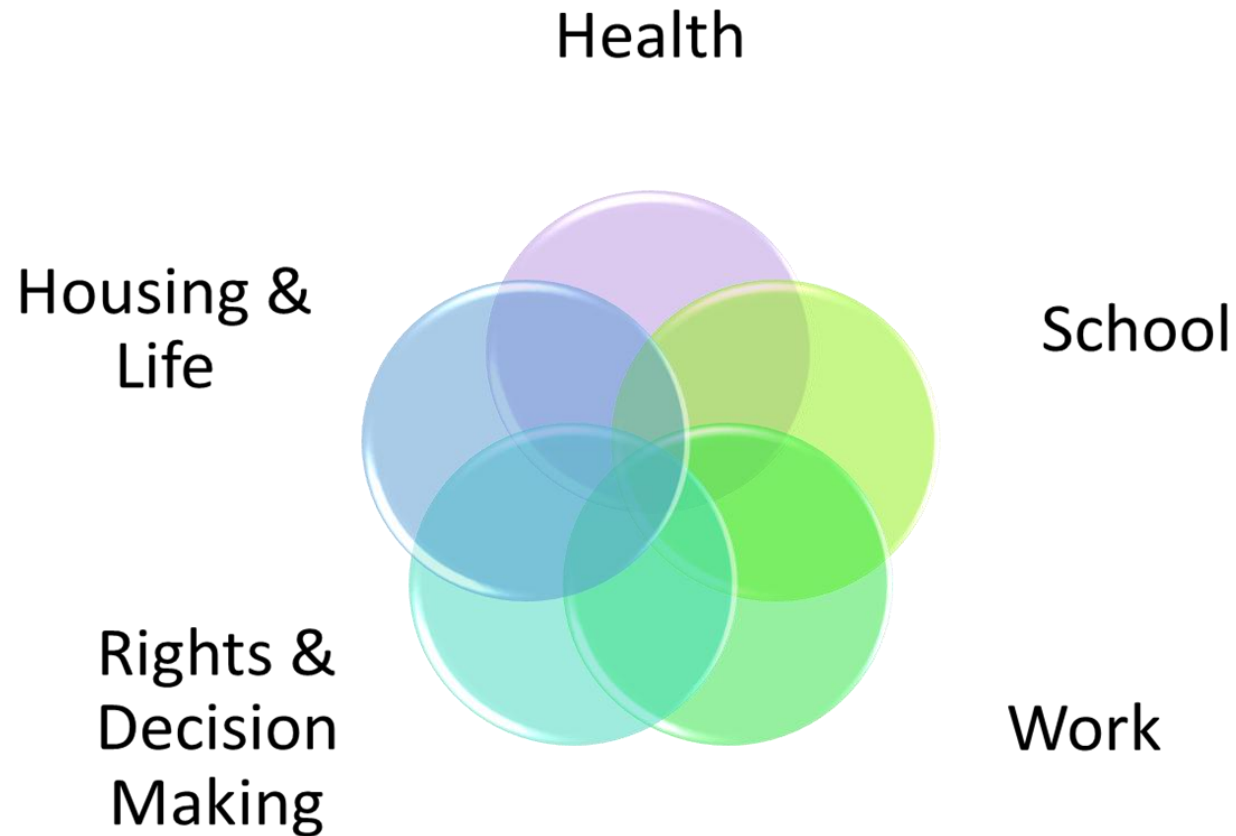
THE SIX CORE ELEMENTS OF HEALTH CARE TRANSITION™ 3.0

Sample Transition Readiness Assessment for Youth

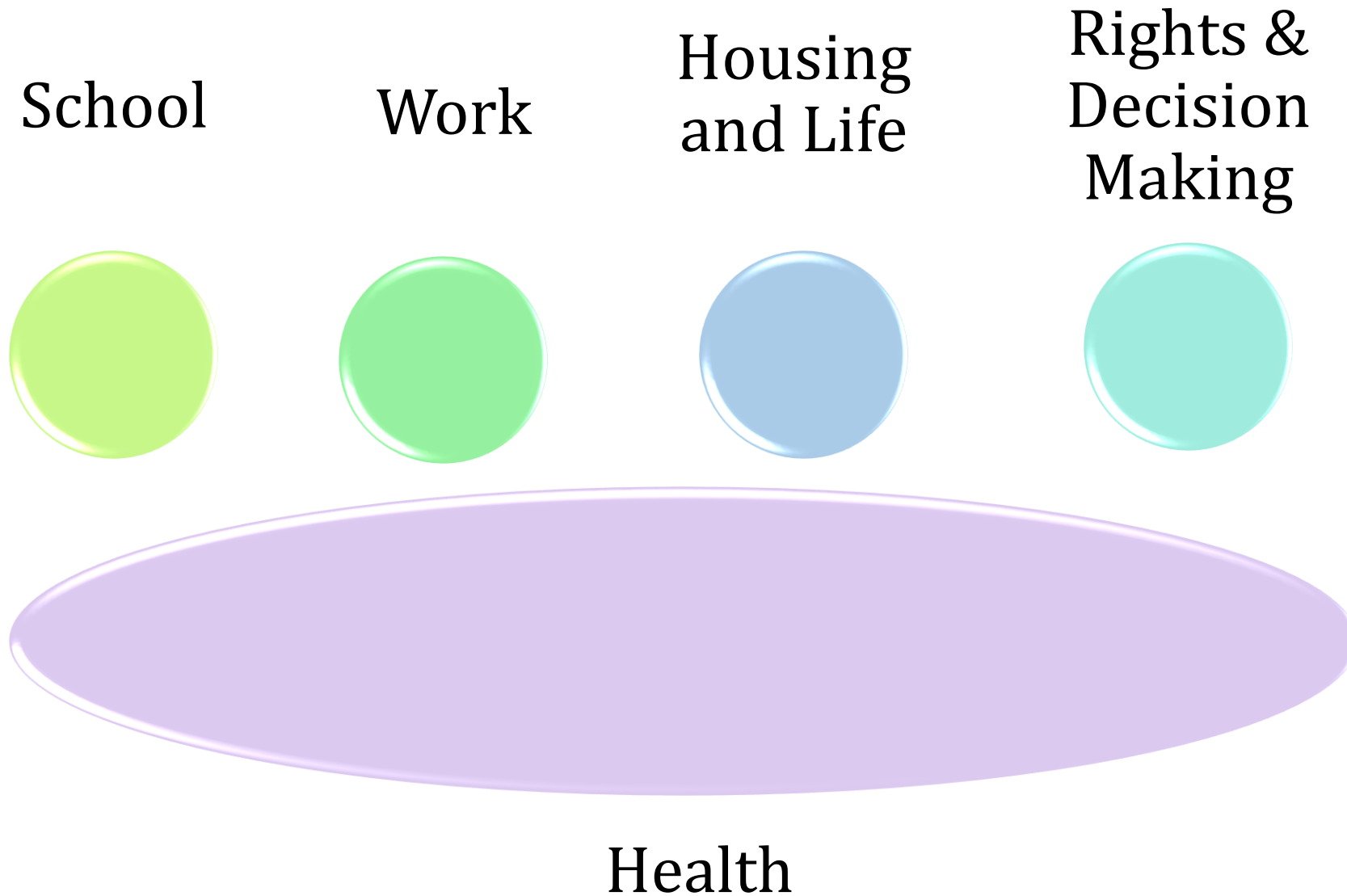
Please fill out this form to help us see what you already know about your health, how to use health care, and the areas you want to learn more about. If you need help with this form, please ask your parent/caregiver or doctor.

Preferred name	Legal name	Date of birth	Today's date							
TRANSITION IMPORTANCE & CONFIDENCE Please circle the number that best describes how you feel now.										
The transfer to adult health care usually takes place between the ages of 18 and 22.										
How important is it to you to move to a doctor who cares for adults before age 22?										
0 not	1	2	3	4	5	6	7	8	9	10 very
How confident do you feel about your ability to move to a doctor who cares for adults before age 22?										
0 not	1	2	3	4	5	6	7	8	9	10 very
MY HEALTH & HEALTH CARE Please check the answer that best applies now.				NO	I WANT TO LEARN	YES				
I can explain my health needs to others.				☐	☐	☐				
I know how to ask questions when I do not understand what my doctor says.				☐	☐	☐				
I know my allergies to medicines.				☐	☐	☐				
I know my family medical history.				☐	☐	☐				
I talk to the doctor instead of my parent/caregiver talking for me.				☐	☐	☐				
I see the doctor on my own during an appointment.				☐	☐	☐				
I know when and how to get emergency care.				☐	☐	☐				
I know where to get medical care when the doctor's office is closed.				☐	☐	☐				
I carry important health information with me every day (e.g., insurance card, emergency contact information).				☐	☐	☐				
I know that when I turn 18, I have full privacy in my health care.				☐	☐	☐				
I know at least one other person who will support me with my health needs.				☐	☐	☐				
I know how to find my doctor's phone number.				☐	☐	☐				
I know how to make and cancel my own doctor appointments.				☐	☐	☐				
I have a way to get to my doctor's office.				☐	☐	☐				
I know how to get a summary of my medical information (e.g., online portal).				☐	☐	☐				
I know how to fill out medical forms.				☐	☐	☐				
I know how to get a referral if I need it.				☐	☐	☐				
I know what health insurance I have.				☐	☐	☐				
I know what I need to do to keep my health insurance.				☐	☐	☐				
I talk with my parent/caregiver about the health care transition process.				☐	☐	☐				
MY MEDICINES If you do not take any medicines, please skip this section.										
I know my own medicines.				☐	☐	☐				
I know when I need to take my medicines without someone telling me.				☐	☐	☐				
I know how to refill my medicines if and when I need to.				☐	☐	☐				
WHICH OF THE SKILLS LISTED ABOVE DO YOU MOST WANT TO WORK ON?										

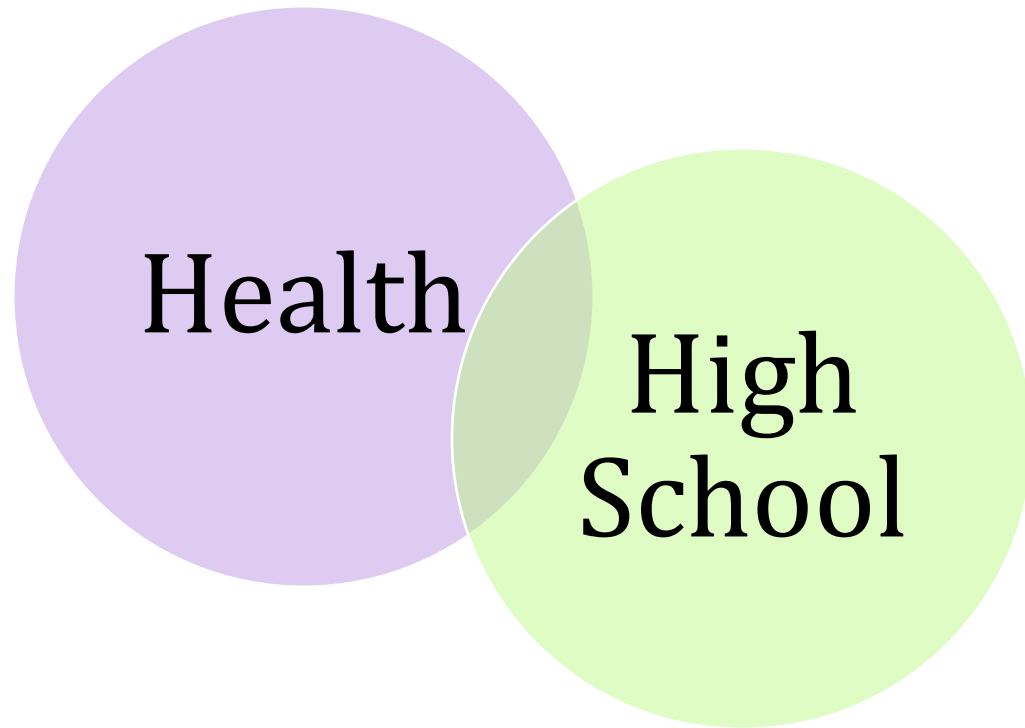
All transitions have steps



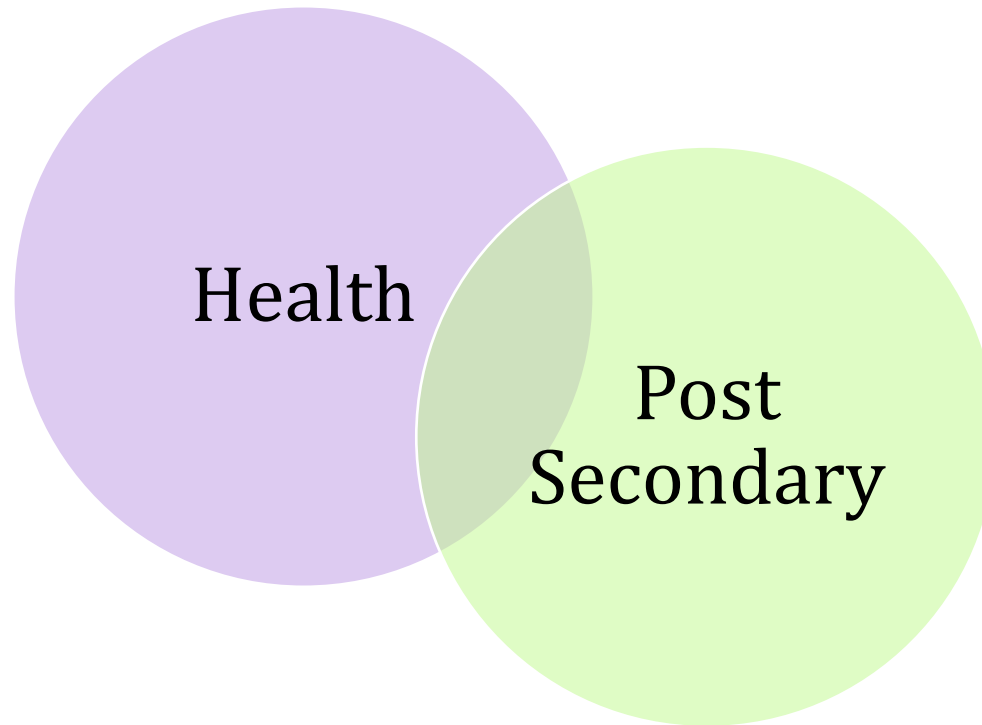
Success needs a foundation



School and Health



School and Health



School and Health

WI Transition Improvement Grant (TIG)

<https://witig.org/>

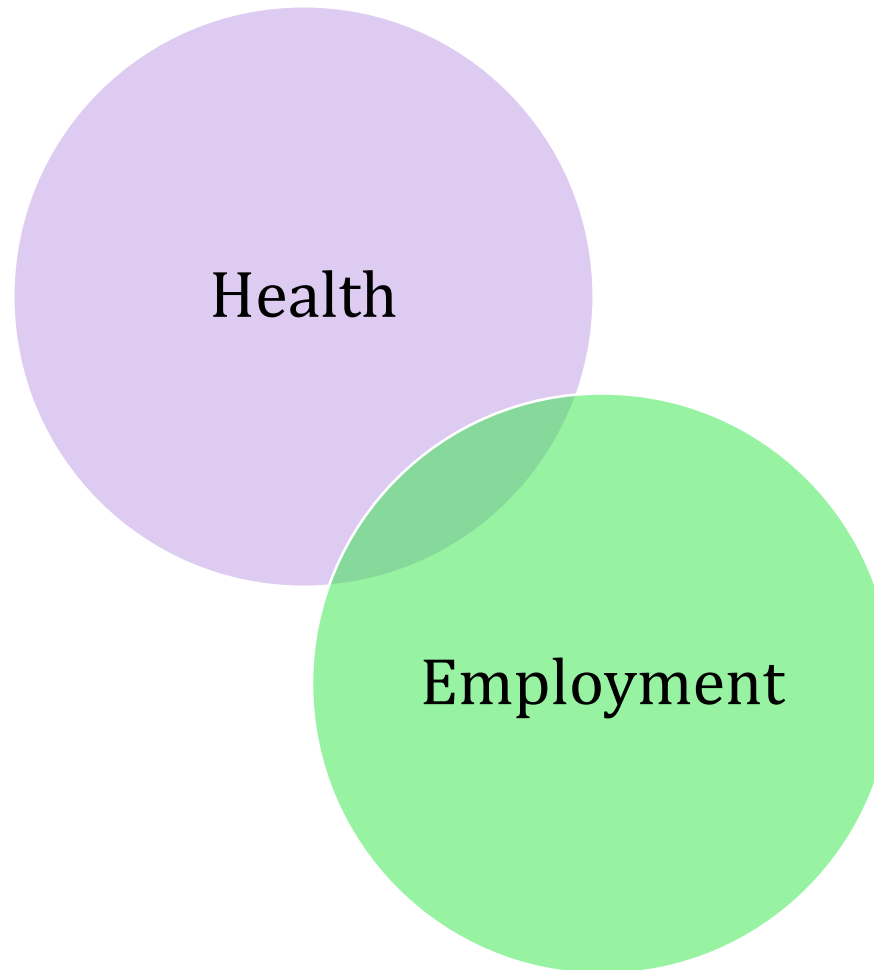
Transition Programming Beyond Age 18

<https://sites.google.com/view/beyond-age-18/home>

WiTransition App

<https://witig.org/self-advocacy-tools/witransition-app/>

Employment and Health



Employment and Health

Division of Vocational Rehabilitation (DVR)

<https://dwd.wisconsin.gov/dvr/job-seekers/transition/>

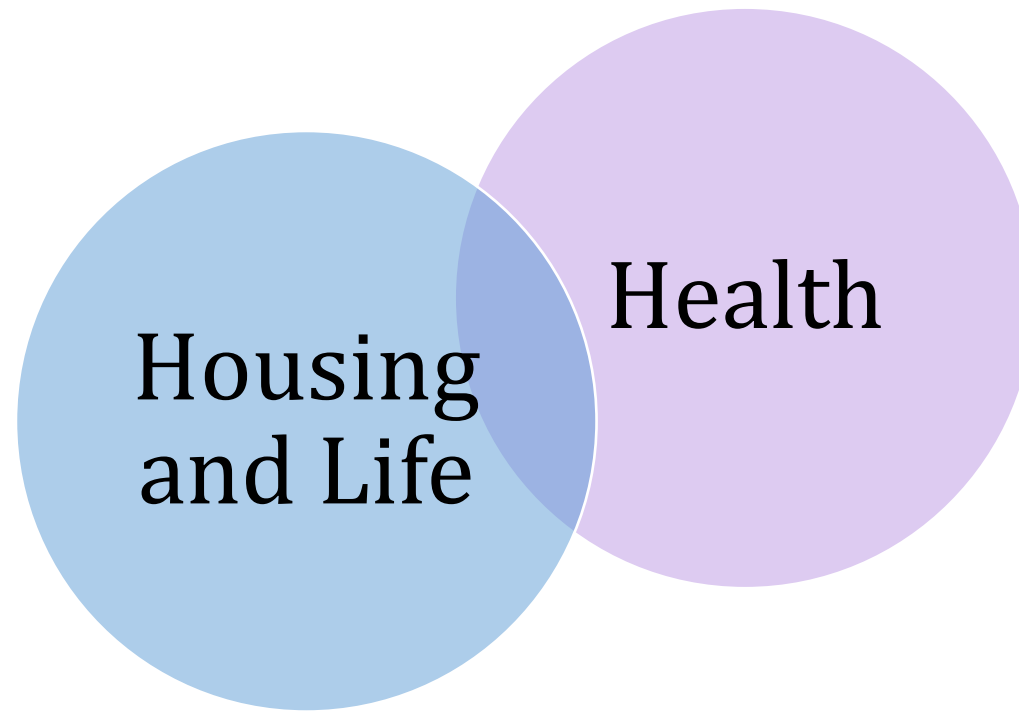
Thinkability

<https://www.thinkabilitywi.org/s/>

Job Accommodation Network

<https://askjan.org>

Housing, Life and Health



Housing/Life and Health

Finding Stable Housing

namiwisconsin.org/resources/finding-stable-housing/

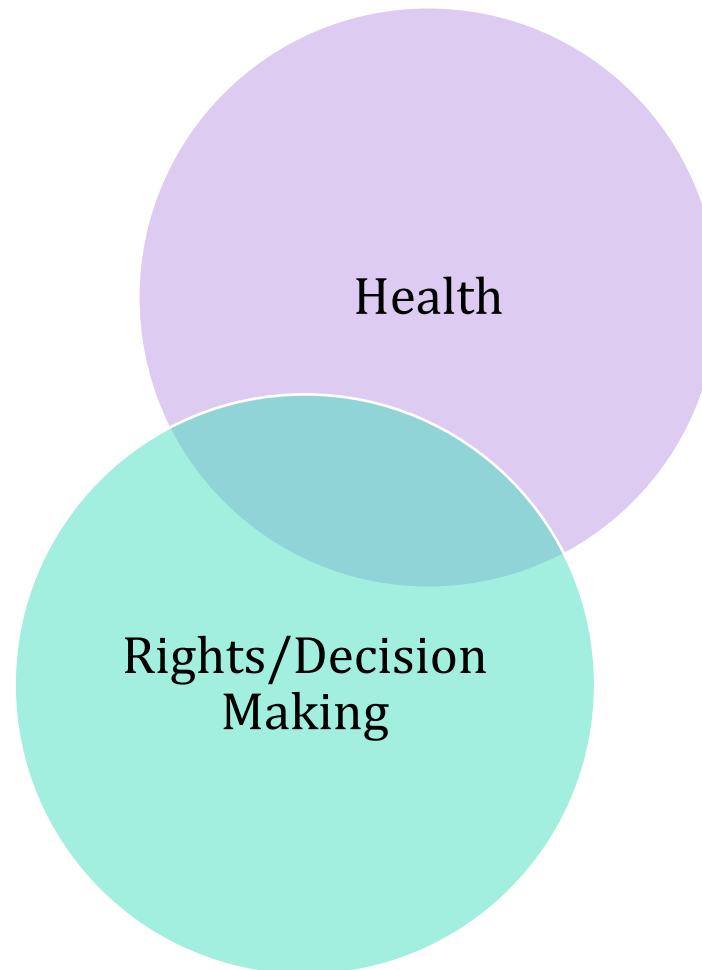
Improving transportation for non-drivers (WI)

wisconsin.gov/Pages/projects/multimodal/nd.aspx

Recovery (Neurodivergent, Mild disabilities,
Wheelchair Accessible)

recovery.com/wisconsin/

Rights and Health



Rights and Health

WI Board for People with Developmental Disabilities

Supported Decision Making Toolkit

<https://wi-bpdd.org/wp-content/uploads/2019/12/SDMToolkit.pdf>

Rights and Health

Family Voices of Wisconsin

Transition to Adult Life Fact Sheets

<https://familyvoiceswi.org/resource-library/>

Thinking About Supported Decision-Making

<https://familyvoiceswi.org/events-calendar/>

Bring health into your transition area

High School

Post-secondary

Therapy

ADRC

Housing support

Pre-employment skills

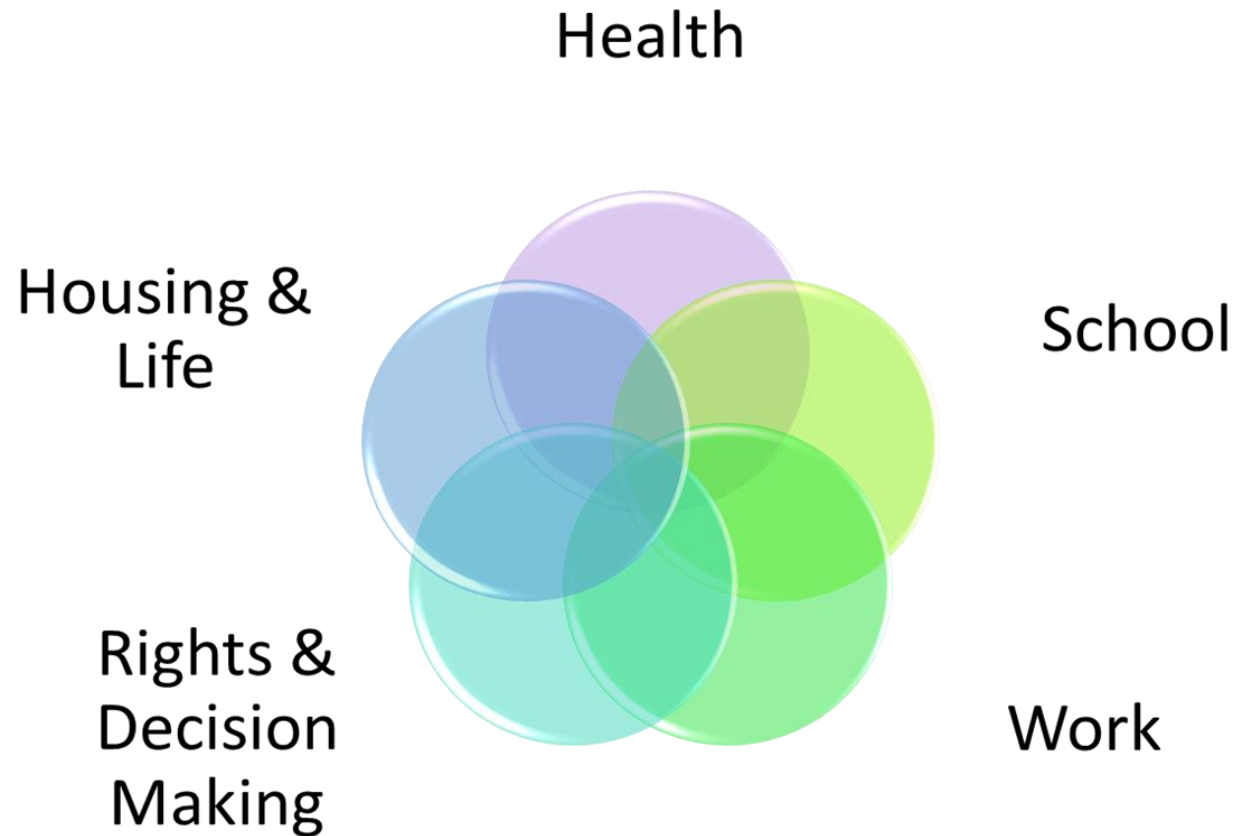
Employers

Employment agencies

DVR

????

All transitions have steps



Feedback



https://uwmadison.co1.qualtrics.com/jfe/form/SV_bpANxTsM4bmsvoG

3 Parts of HCT

1. Preparing for Transition (can begin at 12 years old or younger)
2. Transfer of Care (usually between 18-22/26 years old)
3. Fully Integrated into Adult Health Care (rest of their lives)

Multi-year, multi-layered process.

Resources



Wisconsin Autism Transition
Demonstration Project



got transition – National Resource

www.gottransition.org

<https://integratedtransition.waisman.wisc.edu/>

Resources



www.pacer.org



<https://wisewisconsin.org/up-to-me/>



Providers and Teens
Communicating for Health

<https://www.wipatch.org/>

Resources

Children's Resource Center-South

<https://crcsouth.waisman.wisc.edu/>

Transition Talks Tuesdays (recorded videos)

<https://cyshcn.waisman.wisc.edu/transition-talks-tuesdays-2/>

Contact information

Tim Markle

WAuTD

608-262-8033

tmarkle@wisc.edu

Hunter Markle

hmarkle05@gmail.com



Feedback



https://uwmadison.co1.qualtrics.com/jfe/form/SV_bpANxTsM4bmsvoG