

Wisconsin Integrated Transition Planning
Project (WITPP):
WI Transition Planning Coalition
March 16/24, 2023



Our Agenda



- I. WITPP Activities, Statewide Updates and Opportunities
- II. Bright Spot – Let’s Talk About Rights
- III. Breakout Discussion and Group Report Out
- IV. Wrap Up and Poll

Meeting Objectives



- Describe current WITPP activities, statewide updates and opportunities
- Share information about Rights promotion tools and activities happening in Wisconsin
- Discuss additional ways to support youth to learn about and exercise their rights to improve integrated transition

Ways Coalition Members Can Contribute



1. Identify and invite families and youth you are connected with to join the coalition and community efforts
2. Share updates and opportunities at these meetings and in your communities
3. Continue to share and generate ideas at the Coalition meetings

Updates & Opportunities



WITPP Activities

What updates and new opportunities do you have to share?

Examples: Updated or newly accessible resources, current events or items people can take action or get involved in

Bright Spot



Let's Talk About Rights!

- Ashley Mathy
- Ginger Beuk
- Sally Flaschberger



LIVING / WELL

Healthy, Safe and Connected

Let's Talk About Rights!



Presenter Introductions

Sally Flaschberger– BPDD Living Well Project Manager

Kaitlin McNamara- BPDD Living Well Project Coordinator

Ashley Mathy- Living Well Self-Advocate Leader

Ginger Beuk-Living Well Self-Advocate Leader

Have you or the
person you support
been trained on
rights?

Give us a thumbs if
you have.



Overview

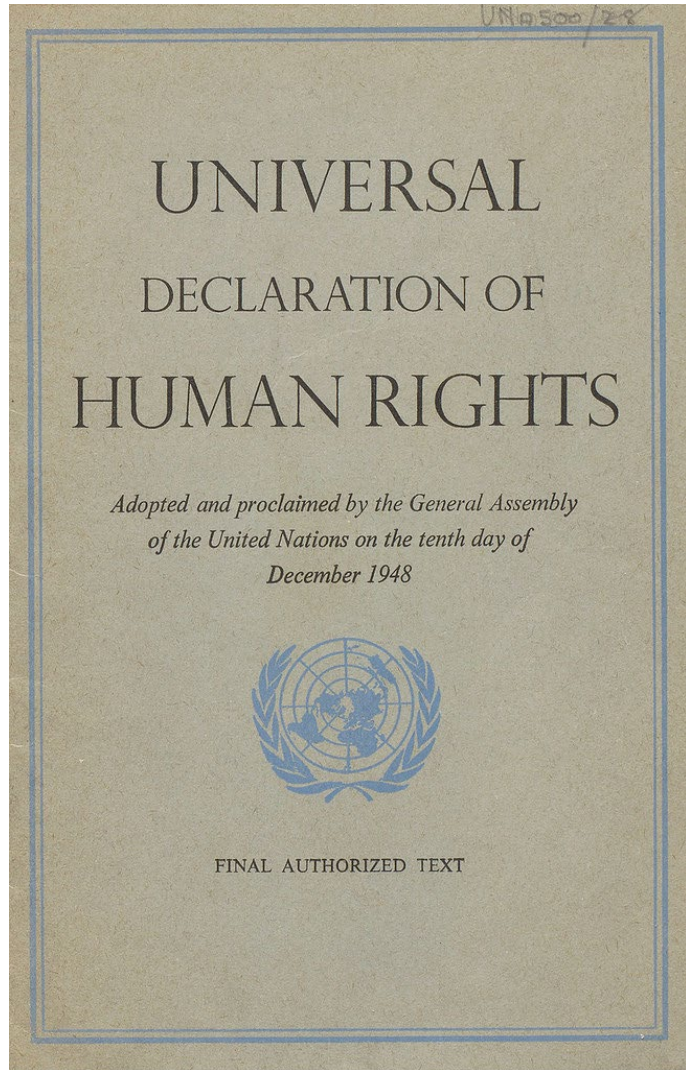
Why Rights Education is Important

Why is Rights Important to Me?

Let's Talk About Rights Guides Overview

Sample Rights from Guide

Questions



What Are Human Rights?

Why Focus on Rights?

People with disabilities have not been treated equally or the same as people without disabilities.



The Living Well project is trying to change that.

People with disabilities have not been treated equally because of...



Discrimination
Low expectations
Outdated Laws

“ How can people exercise their rights if they don't know what they are? ”

Patrick, Self-Advocate

Ginger



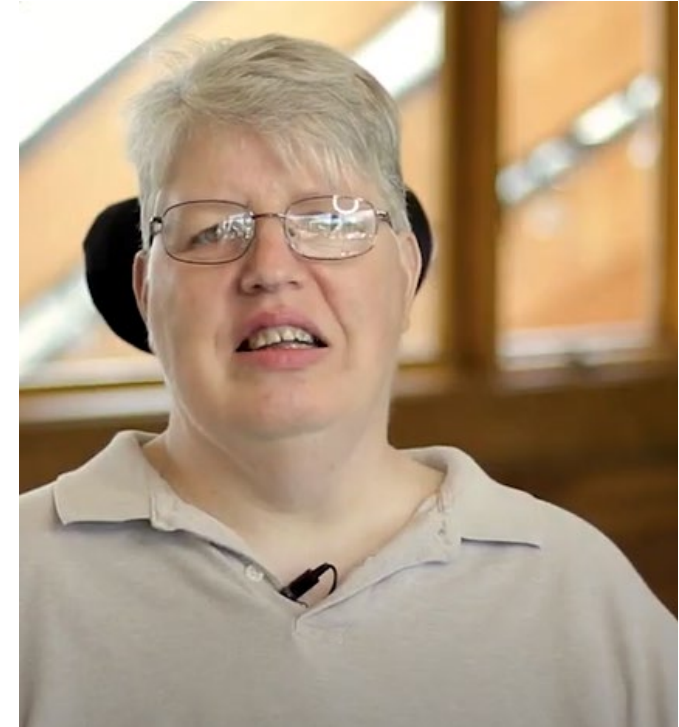
Supporting Independence

- q Supported Decision Making
- q Addressing overreach by guardians and service providers
- q Dignity of Risk

Ashley

Why are Rights Important to Me?

- ❑ Rights protect me and others from possible abuse and neglect.
- ❑ These rights help protect me:
 - ❖ Control your money
 - ❖ Right to Privacy
 - ❖ Get medicine and help from doctors
 - ❖ Choose the services I want
- ❑ Making my own choices in my life is the most important right to me
- ❑ Choices I have made help me to be more independent and a more engaged citizen in my city
- ❑ I have a lot of experience making choices
 - ❖ I have lived independently since 1989
 - ❖ My mom and dad were on the fence about whether I could live independently but they helped me
 - ❖ I choose my caregivers.



Why are Rights Important to Me?

- People can have rights but you have to learn how to stand up and use those rights
- People are afraid to tell their parents or others that they want to do something
- It isn't ok for others to be taking away your rights
- My most important right is picking my friends, people I hang out with and my church
- I know I have to make good choices picking friends so that my family can trust me to do the right
- I have the right to make mistakes as long as it isn't unsafe
- You need to learn to make safe decisions so your family doesn't question you



**KNOW YOUR
RIGHTS**



Living Well
Project

Let's Talk About
Rights Toolkit

Three versions: Agency, Family/
Guardian and Self-advocate.

Self-advocate version in plain
language.

Each toolkit is in workbook format
to help with thinking and planning.



This project was supported, in part by grant number 90DNIQ0004-01-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy.

Goal of Agency Toolkit

Increase the staff/agency understanding of the rights of people with disabilities.

Help agencies consider their policies around rights and how they can improve them.

Help agencies think about how they can support people with their rights.



**Let's Talk About
Rights: A guide
for families and
guardians**



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Goal of Family/Guardian Toolkit

Increase the understanding about the rights of people with disabilities.

Help agencies think about how they can support people with their rights.

Ashley



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Goal of Rights Toolkit-Self-Advocates

Help self-advocates:

- learn about their rights.
- decide what is important to them about each of their rights.
- decide how the people can support them with their rights.

Ginger

Topic Areas of Rights Toolkit

<input type="checkbox"/>	 Protection within the law and within your services.	<input type="checkbox"/>	 Go to school.
<input type="checkbox"/>	 Control your money.	<input type="checkbox"/>	 Get a job. Rest and do things you like to do.
<input type="checkbox"/>	 Say what you want and to express yourself.	<input type="checkbox"/>	 Get medicine and help from doctors that you need.
<input type="checkbox"/>	 Be the religion you want.	<input type="checkbox"/>	 Live where you want and with people you want.
<input type="checkbox"/>	 Vote.	<input type="checkbox"/>	 Choose the services you want.
<input type="checkbox"/>	 Have privacy.	<input type="checkbox"/>	 Decide your own schedule.
<input type="checkbox"/>	 Talk to and be around the people you want.	<input type="checkbox"/>	 Make your own choices about life.
<input type="checkbox"/>	 Be free from people hurting you.	<input type="checkbox"/>	 Own the things you want



Right to talk to and be with who you want

Things you can do:

- Let people know who your friends and loved ones are
- Tell people if you want to meet new people
- Explore new activities and groups if you want to meet new people
- Learn about healthy relationships and boundaries
- Speak up if someone is keeping you from seeing someone you want to see

Right to talk to and be with who you want

Things people who support you can do:

- Support you to spend time with your friends and loved ones
- Help you meet new people
- Help you join clubs and be part of activities you want to do
- Support you to learn about relationships and dating
- Not judge your decisions
- Give you privacy to spend time with friends or intimate partners





Right to make your own choices about life

Things you can do:

- Speak up. Tell people what you want and why you want it.
- If people tell you that you cannot do something, ask them why.
- Make informed decisions. This means finding out what ALL of your options are and picking the one that is best for you.
- Set your goals and work on them. Work hard and be patient and you will get there!

Right to make your own choices about life



Things people who support you can do:

- Learn about you and what you want
- Support you to make informed choices
- Respect your decisions
- Explain why a choice might be limited
- Support you to work toward your goals

Important Resources:

Living Well Project Website:

<https://wi-bpdd.org/index.php/living-well/>

Self Determination YouTube Channel (Remember to Subscribe!!)

<https://www.youtube.com/watch?v=ohBplrwiUQc&list=PLp91K>

[0k8LKY7-7zstPfD23g0UdMtbPmQ_&pp=iAQB](https://www.youtube.com/watch?v=0k8LKY7-7zstPfD23g0UdMtbPmQ_&pp=iAQB)

Breakout Questions



1. How are you supporting people with disabilities to learn about and exercise their rights?
2. What additional ways can all of us support youth to learn about and exercise their rights to improve integrated transition through the use of self-advocate leaders?

Next Steps

- Partnering communities will host Equity Action Lab meetings
- Presentations at WI Employment First and Circles of Life conferences
- Next Coalition Meeting - May 24th at 12:00-1:30pm

Thank you!

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